

**Radiology Consultants of Little Rock
Uterine Fibroid Embolization Protocol**

1. Initial Consultation – Clinic Encounter with one of our Interventional Radiologist
 - We will need from your gynecologist or primary care physician:
 - o Thorough clinic encounter note
 - o Imaging results – Prior pelvic ultrasound or MRI
 - o Reports of prior gynecologic surgery: ie myomectomy, D & C, Endometrial Biopsy
 - o Results of most recent PAP smear
 - If possible we will coordinate a pre-procedure pelvic MRI prior to our clinic visit so that your visit can be tailored specifically to you. In this manner, you will know if you are a UFE candidate on the same day as consultation!
2. Pre-procedure testing
 - If abnormal bleeding, we will arrange for an endometrial biopsy to exclude endometrial cancer or hyperplasia.
 - Negative PAP smear in the last year.
 - Pelvic MRI – to ensure you are an appropriate candidate for UFE.
3. Insurance preauthorization
4. UFE procedure performed in the Special Procedures Department at Baptist Medical Center
 - First 6-10 hours after UFE can be difficult due to heavy pelvic cramping. We will administer IV pain medication in the recovery period. Most of our patients go home the same day, however overnight admission for pain control is an option if necessary.
 - First 2-3 days can also be difficult, but most patients are able to return to normal activities in 7-10 days.
5. Follow up
 - Follow up phone call from the Interventional Radiology clinic nurse 2 weeks post procedure.
 - Follow up clinic visit 3 months post procedure. Most patients experience dramatic improvement in symptoms by 2 cycles following UFE.
 - We do not routinely perform follow up imaging, however in the event of suspected complications or persistent symptoms a repeat pelvic MRI may be performed.
6. Routine gynecologic follow-up