

# FREEDOM FROM FIBROIDS

## TREATMENT OPTIONS



### MEDICAL THERAPY

Use of drugs to provide control of symptoms. Drugs include non-steroidal anti-inflammatories (NSAIDs), birth control pills and hormone therapy.



### SURGICAL THERAPIES

#### Hysterectomy

A hysterectomy is a surgery performed to remove a woman's uterus and cervix. A supracervical hysterectomy only removes the uterus. In all cases, menstruation stops and a woman loses the ability to bear children.

#### Myomectomy

A myomectomy removes uterine fibroids, without removing the uterus. Depending on the location of the fibroids, the myomectomy can be done through the pelvic area or through the vagina and cervix.



### NON-SURGICAL THERAPY

Uterine Fibroid Embolization (UFE)  
UFE is a less invasive approach to treating fibroids that is designed to preserve your uterus and shrink your fibroids. UFE can be performed under conscious sedation by a specially trained physician — an interventional radiologist. It works by blocking the flow of blood to uterine fibroids, depriving them of the oxygen and nutrients they require to grow.